

Appendix E

Other Resources for Youth - Videos, Songs & Books

Notes: This bibliography was put together in 2003. We will be updating it sometime before October 15, 2009, and posting the updated version online as well.

If you have a book, film, website, and song that you would like to suggest we include, please send it to me at jimppjn@aol.com.

Other Resources on Respect

Videos for Youth

On Self-Respect & Respect for Others in General

- "Good Will Hunting" (counselor helps youth see his worth)
- "Washington Square" (father's inability to see his daughter beautiful)
- "The Spitfire Grill" (coming to see another as beautiful)
- "Dead Poets' Society" (the power of teachers and parents to build up and tear down young people)
- "The Great Santini" (the struggle toward mutuality with a tyrannical father)
- "Fried Green Tomatoes" (abused wife finds respect from friends and her husband gets his come-uppance)
- "Avalon" (deep bonds across three generations)

On Understanding one's role in life; serve others

- "Unhook the Stars" (a mother rekindles her zest for life by caring for a troubled youth)

On Appreciation for diversity (racial, religious, age, gender, economic status, sexual orientation, abilities)

- "Long Walk Home" (fictional account of the Montgomery bus boycott),
- "Philadelphia" (the struggles of a gay person)
- "Amistad" (slaves revolt, demanding their freedom)
- "Mask" (about a youth with a disability)

Songs for Youth

- "What a Way to Go Out" (Souls of Mischief) theme: don't go out like I did
- "Positive Vibration" (Bob Marley) theme: be positive
- "The Greatest Love of All" (Whitney Houston)
- "One" (U2),
- "Everybody Hurts" (REM)
- "Beginning Today" (Dameans)
- "Bread and Roses" (traditional; Sweet Honey 'n the Rock)
- "Free Xone" (Janet Jackson) theme: Let's get free!
- "Beautiful Black Skin" (GoodieM.O.B.) theme: respect to all women
- "Brown Skin Lady" by BlackStar -- theme: respect to all women
- "Special" by Janet Jackson -- theme: "Remember the love that lies deep within us."
- "Respect" (Aretha Franklin)
- "Colorblind" (Counting Crows) theme: racial equality
- "Hands" (Jewel)
- "Mariah's Theme" (Mariah Carey)

Books for Youth

Alejandro Martinez, THE WOMAN WHO OUTSHONE THE SUN; LA MUJER QUE BRILLABA AUN MAS QUE EL SOL (San Francisco: Children's Book Press, 1991)

Other Resources on Anger, Listening & Nonviolent Conflict Resolution

Songs for Youth

- "Father and Son" (Cat Stevens)
- "You've Got a Friend" (Carol King)
- "We Can Work It Out" (Beatles)
- "All You Need Is Love" (Beatles)
- "Heaven on Their Mind" (Jesus Christ Superstar)
- "Fire and Rain" (James Taylor)
- "Reality" (R. Kelly) theme: we can be a reality if we work at it
- "You Should Have Told Me" (Kelly Price)
- "One Love" (Bob Marley) theme: "Let's get together"
- "Talk to Me" (Wild Orchids)
- "Lean on Me"
- "With Or Without You" (U2)
- "Teach Your Children" (Graham Nash)
- "I Only Want to Say" (Superstar)
- "Servant Song" (Donna Marie McGargill)
- "El Shadai" (Michael Card)
- "Sounds of Silence" (Paul Simon)
- "Hush, Hush, Somebody's Callin' Mah Name" (African American Spiritual)
- "Slow Down" (Chuck Girard)
- "Listen to the Lambs" (R. Nathaniel Dett; African American Spiritual)
- "Keep Tryin'" (Groove Theory); theme: "Listen to your heart."
- "Without You" (Lucy Pearl); theme: "What can I do without you?"
- "Free to Believe" (Jack Herrera); theme: "You gotta see what your soul is telling you to be."

Books for Youth

- Etty Hillesum, AN INTERRUPTED LIFE (New York: Pocket Books, 1985)
- Antoine de Saint-Exupery, THE LITTLE PRINCE (NY: Harcourt, Brace & World, 1943)
- Jim Forest, LOVE IS THE MEASURE (biography of Dorothy Day; Paulist Press, 1986)

Videos for Youth

- "Do the Right Thing" (how not to deal with differences)
- "Bagdad Cafe" (stranger heals an angry woman)
- "Grand Canyon" (gentle respectful talk prevents a mugging or worse)
- "Footloose" (father learns to listen)
- "Mr. Holland's Opus" (musician becomes an attentive teacher)
- "Entertaining Angels" (story of Dorothy Day's houses of hospitality)
- "Ordinary People" (suicidal teen finds a model listener in his therapist)
- "Tea House of the August Moon" (Army captain learns how to "center" through the Japanese tea ceremony)

Other Resources on Forgive

Songs for Youth

"My Father's Chair," (David Meece, on ONCE IN A LIFETIME)

"Lift Every Voice" (traditional)

"Love Is" (Elton John)

"Forgive Them Father" (Laryn Hill) theme: For they know not what they do.

"Bitter" (Meshell N' Degeochello) theme: "My apologies fall on deaf ears, so now you look at me, bitterly."

"One Man" (R.Kelly) theme: Be careful of the bridges you burn.

"It Ain't Over 'Til Its Over" (Lenny Kravitz)

"The Storm Is Over" (R. Kelly)

"Black And White" (M.T.)

"Keep Yo' Head Up" (Tupac)

Books for Youth

Helen Prejean, *DEAD MAN WALKING* (New York: Vintage Books, 1994) is her story of working with men on death row and with the families of their victims.

Lewis Smedes, *FORGIVE AND FORGET: HEALING THE HURTS WE DON'T DESERVE* (New York: Harper and Row)

Martin Luther King, Jr., *STRENGTH TO LOVE* (New York: Harper & Row) has an inspiring section on forgiveness.

Michael Henderson, *THE FORGIVENESS FACTOR: STORIES OF HOPE IN A WORLD OF CONFLICT* (Salem, OR: Grosvenor Books, 1997)

Anthony Sampson, *MANDELA: The Authorized Biography* (New York: Kropf, 1999). Nelson Mandela's kindnesses to his South African jailors during his 27 years of imprisonment were in fact reciprocated. His willingness and courage to forgive and work with his racist opponents helped to heal a nation steeped in violence.

Lawrence Jenko, *BOUND TO FORGIVE: The Pilgrimage to Reconciliation of a Beirut Hostage* (Ave Maria Press, 1995) is another inspiring story of finding the love and courage to forgive his captors.

Videos for Youth

"Karate Kid II" (love of one's enemies)

"The War" (there are alternatives to revenge)

"Dead Man Walking" (about Helen Prejean's ministry of reconciliation)

"Broadway Danny Rose" (a woman seeks Danny's forgiveness by repeating his own philosophy, "Forgiveness, Acceptance, and Love")

Other Resources on Oneness with the Earth & Confronting Materialism

Songs for Youth

"New World Water" (Mos Def) theme: "America's wastin' it...Other countries are desparately needin' it!" -

"Peace on Earth" (Rachelle Ferrell) theme: "...heal our own wounds."

"Animal Kingdom" (Prince) theme: "...our brothers and sisters in the sea."

"Sunshine" (John Denver)

"Rocky Mountain High" (John Denver)

"Slow Down, You're Movin' Too Fast" (Paul Simon)

"Hope in a Hopeless World" (Widespread Panic)

"Heal the World" (Michael Jackson)

"This Land Is Your Land"

Books for Youth

Rachel Carson, *THE SENSE OF WONDER* (New York: Harper and Row, 1965)

Linnie Marsh Wolfe, *SON OF THE WILDERNESS: THE LIFE OF JOHN MUIR* (Madison, WI: University of Wisconsin Press, 1945)

John Robbins, *DIET FOR A NEW AMERICA* and *MAY ALL BE FED* (Santa Cruz, CA: EarthSave, 1989 and 1992)

Frank Waters, *THE MAN WHO KILLED THE DEER* (Swallow Press, 1970)

"The Man Who Planted Trees" is a 30-minute film about Elzeard Bouffier, a delightful and inspirational story for people of all ages. His story is available in written form entitled "The Man Who Planted Hope and Grew Happiness" by Jean Giono, in *SHARING THE JOY OF NATURE*, pp. 142-153; and as a separate little book from the Chelsea Green Publishing Company, Chelsea, VT 05038.

THE LITTLE PRINCE (finding the important things in life)

Forest Carter, *EDUCATION OF LITTLE TREE* (Albuquerque: University of New Mexico Press, 1986; delightful Native American story about the important things in life)

Frances Moore Lappe, *WHAT TO DO AFTER YOU TURN OFF THE TV* (Ballantine Books)

Steve Van Matre, editor, *THE EARTH SPEAKS* (an anthology of earth reflections; Greenville, WV: Institute for Earth Education, 1983)

Videos for Youth

"Gorillas in the Mist" (about Dian Fossey's work with gorillas in Africa)

"Mosquito Coast" (about the Amazon rain forest)

"Dances with Wolves" (sensitive portrayal of Native American values and conflicts with white America)

"The Color Purple" (Shug celebrates purple flowers)

"Unhook the Stars" (a mother rekindles her zest for life by caring for a troubled youth)

"The War" (a critique of violent play)

Other Resources for Youth on "Recreate Nonviolently"

Songs for Youth

"Woodstock" (Joni Mitchell)

"Nobody Ever Gets Killed at Our House" (Charlie King)

"Blow Up the TV" (John Prine)

"There Is Love" (Paul Stookey)

"Joy to the World" (Hoyt Axton)

"Tell Me Who Profits" (Souls of Mischief) theme: violence or nonviolence -- you tell me who profits

Books for Youth

THE LITTLE PRINCE (finding the important things in life, including play)

Forest Carter, EDUCATION OF LITTLE TREE (Albuquerque: University of New Mexico Press, 1986; delightful Native American story about the important things in life)

Frances Moore Lappe, WHAT TO DO AFTER YOU TURN OFF THE TV (Ballantine Books)

Diane Levin, WHO'S CALLING THE SHOTS? HOW TO RESPOND EFFECTIVELY TO CHILDREN'S FASCINATION WITH WAR PLAY AND WAR TOYS (Philadelphia, PA: New Society Publishers)

Steve Van Matre, editor, THE EARTH SPEAKS (an anthology of earth reflections; Greenville, WV: Institute for Earth Education, 1983)

Sarah Pirtle, AN OUTBREAK OF PEACE (Santa Cruz, CA: New Society Publishers, 1987; young people become peacemakers in their community through artwork)

Videos

"The Color Purple" (Shug celebrates purple flowers)

"Unhook the Stars" (a mother rekindles her zest for life by caring for a troubled youth)

"The War" (a critique of violent play)

Websites on Media Violence

American Academy of Pediatrics -- www.aap.org

Media Matters Campaign -- Contact Jennifer Stone: 847-981-7870

A program to help pediatricians understand and become familiar with research on how the media affect the health and well-being of children and adolescents. Provides a media history form for use during well-child visits.

Center for Media Literacy -- www.medialit.org

National, nonprofit organization whose mission is to bring media literacy education to every child, every school, and every home in North America

Entertainment Software Rating Board -- www.esrb.org

Independent board created to rate interactive entertainment software products

Federal Communications Commission -- www.fcc.gov

Establishes policies to govern interstate and international communications by television, radio, wire, satellite, and cable

The Lion & Lamb Project -- www.lionlamb.org

National grassroots initiative by parents for parents, providing information about the effects of violent entertainment, toys, and games on children's behavior.

Media Awareness Network -- www.media-awareness.ca

Canadian-based organization whose mission is to promote and support media education

Mediascope -- www.mediascope.org

National nonprofit research and policy organization working to promote issues of social relevance within the entertainment industry

National Institute on Media & Family -- www.mediafamily.org

National resource for research, education, and information about the impact of the media on children and families

Recreational Software Advisory Council -- www.icra.org

Independent council that rates interactive computer entertainment software

Other Resources on Courage

Videos for Youth

Courage/Service in General

- "Pay It Forward" (the courage to help others and do the right thing)
- "Entertaining Angels" (the story of Dorothy Day and her work with the poor)
- "Boyz 'N the Hood" (the struggle of urban youth)
- "The War" (girl defends her Black friend)
- "Romero" (the courage to stand with the poor in El Salvador)

Racism

- "Malcolm X" (confronting urban violence)
- "Long Walk Home" (about the Montgomery bus boycott)
- "Amistad" (slaves revolt, demanding their freedom)

Sexism

Patriotism/Nationalism

- "Amazing Grace and Chuck" (US youth challenges the arms race)

War/Peace

- "Platoon" (the reality of war in Vietnam)
- "Born on the 4th of July" (on the war in Vietnam and patriotism)

Songs for Youth

- "Brothers and Sisters" (Ziggy Marley)
- "Step By Step" (John McCutcheon)
- "We Shall Overcome"
- "Imagine" (John Lennon)
- "The Impossible Dream" (from MAN OF LAMANCHA)
- "Perhaps Love" (John Denver)
- "If We Only Have Love" (Jacques Berel)
- "When You Walk through the Storm" (Rogers & Hammerstein),
- "Keep Ya Head Up" (Tupac) theme: Don't let 'em get ya down.
- "Description of a Fool" (A Tribe Called Quest) theme: Don't fit the description of a fool
- "Get Up, Stand Up" (Bob Marley) theme: Life is your right, so you can't give up the fight
- "War" (Bob Marley) theme: Until we stop it, "everywhere is war!"
- "Hero" (Mariah Carey)
- "We Are the World" (Michael Jackson)
- "Light in Me" (Mariah Carey)
- "Mr. Roloto" (Styx) theme: self-expression
- "When You Believe" (Whitney Houston)
- "Light One Candle" (Peter, Paul & Mary)

"Tell Me Who Profits" (Souls of Mischief) theme: violence or nonviolence -- you tell me who profits

Books for Youth

Stacy Chbosky, *WHO OWNS THE SUN?* (Landmark Editions, 1988; teen author challenges other youth to work for justice)

Sarah Pirtle, *AN OUTBREAK OF PEACE* (Santa Cruz, CA: New Society Publishers, 1987; young people become peacemakers in their community through artwork)

Frank & Janet Farrell, *TREVOR'S PLACE: THE STORY OF THE BOY WHO BRINGS HOPE TO THE HOMELESS* (New York: Harper and Row, 1990)

Etty Hillesum, *AN INTERRUPTED LIFE* (New York: Pocket Books, 1985; the courage to help others, even in a concentration camp)

Jonathon Kozol, *AMAZING GRACE: THE LIVES OF CHILDREN AND THE CONSCIENCE OF A NATION* (New York: Crown Books, 1995)

Renny Golden, *DISPOSABLE CHILDREN: AMERICA'S WELFARE SYSTEM* (Belmont, CA: Wadsworth Publishing Co., 1997)

Geoffrey Canada, *FIST, STICK, KNIFE, GUN* (New York: Beacon Press, 1995; the struggle of a boy growing up in urban New York)

Michael True, *JUSTICE SEEKERS, PEACE MAKERS* and *TO CONSTRUCT PEACE* ("portraits in courage" of contemporary nonviolent heroes; Mystic, CT: John XXIII Publications, 1985 and 1992)

Resources for Teachers & Youth on the Assassinations (ACTIVITY #3)

- Karl Evanzz, *THE JUDAS FACTOR: The Plot to Kill Malcolm X* (Thunder's Mouth Press, 632 Broadway, New York, NY 10012; 1992).
- William Pepper, *ORDERS TO KILL: The Truth Behind the Murder of Martin Luther King* (New York: Carroll & Graf Publishers, 1995).
- William Turner & John Christian, *THE ASSASSINATION OF ROBERT F. KENNEDY: The Conspiracy and Coverup* (New York: Thunder's Mouth Press, 1993).

Resources for Teachers & Youth on Sexual Harassment & Violence (ACTIVITY #4)

- K.L. Wilson, *WHEN VIOLENCE BEGINS AT HOME: A Comprehensive Guide to Understanding and Ending Domestic Abuse* (Hunter House Publishers, P.O. Box 2914, Alameda, CA 94501-0914; 1997) has an excellent 20-page chapter on "Teen Dating Violence."
- Allan Creighton & Paul Kivel, *HELPING TEENS STOP VIOLENCE: A Practical Guide for Counselors, Educators, and Parents* (Hunter House Publishers, 1992) has excellent adult material and effective teen roleplays for helping youth resist abuse and prevent violence in their relationships.
- Candace Frazier, "Unwelcome Advances: A Florida Teenager Finds School Officials Apathetic on Sexual Harassment," *TEACHING TOLERANCE*, Spring 2003, pp. 38-41.